

# lighthouse Support Service



Lighthouse

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lighthouse is a part of Epilepsy Scotland

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## Who is the Lighthouse Support Service for?

The service is for adults, young people and children (aged 5 and above) who require support because they have:

- A learning disability.
- A physical disability, including head injury.
- Mental health needs.

## What does the service offer?

We offer support in areas such as living independently, taking up leisure and recreation opportunities, finding employment, voluntary work or a college course and providing support to families and carers. The Lighthouse Support Service is available 24 hours a day including waking night shifts and sleepovers.

## Occasional and one-off support packages

The service can also be purchased for one-off or irregular support. Service users may choose to purchase short term, flexible packages of support, (e.g. for service users to receive support at home during a time of personal, carer or family illness).

## How does the service work?

The service provides one to one support from trained support workers, who will provide assistance that is tailored to service user's needs and wishes (including all aspects of personal care and the administration of medication including emergency medication).

## What do people use the service for?

People use the service in different ways, some people want support to attend a work placement or college class, others want support to be active in their local communities: attending groups; going to the cinema or making new friends. People can be supported at home to live independently or to provide respite for themselves and/or their family. Support can also be used for short breaks away from home.

## Referrals

Anyone can make a referral to the service. The cost is currently £15.25 per hour. If you want to do this or to find out more information, contact us. Our address, telephone number and email are on the back of this leaflet.