

epilepsy scotland

Scotland's voice for epilepsy

Who speaks for epilepsy?

You do!



Annual Review
2005 / 2006

Our mission statement

Epilepsy Scotland works with people affected by epilepsy to ensure their voice is heard

People of all ages can develop epilepsy regardless of gender, ethnic origin, sexuality, ability or social status. Recurring seizures in the brain affect 1 in 130 people. Epilepsy is the most common serious neurological condition in the world.

We represent the 40,000 Scots with epilepsy, their families and carers

Someone newly diagnosed with epilepsy has three basic needs: to receive quality health, education, community and social care provision, to have information, advice and support; and to live a life without stigma. Our services aim to ensure these basic needs are met.

We campaign for improved healthcare, better information provision and an end to stigma

Epilepsy is a Cinderella condition; poorly resourced in the NHS, neglected by policymakers, hidden and ignored by the public. We are the voice of epilepsy in Scotland, working for change.



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“Many days are a struggle but we won't give up!”

Tanisha Acton was only six when she started having seizures. Most newly diagnosed babies and young children are treated successfully with medication but Tanisha has a rare condition (Doose Syndrome) that did not respond to a cocktail of drugs. Her parents Graham and Kath were desperate to try anything that could help their child who has hundreds of seizures a day.

Kath explained:

“You can imagine how powerless we've felt watching our daughter jerking uncontrollably and collapsing. People only know about big seizures; they don't understand other kinds. Epilepsy has been a steep learning curve for the whole family. Many days are a struggle but we won't give up!

We read an 'Epilepsy News' article on children who had used the ketogenic diet. This high fat/high protein diet can reduce or end daily seizures for some children with difficult epilepsy.

We asked Epilepsy Scotland's Helpline how Tanisha could have this treatment. We faced a long waiting list to see NHS Grampian's dietician but your Policy Officer told us to call the North of Scotland Epilepsy Managed Clinical Network and Tanisha went on the diet. Epilepsy Scotland's support meant a lot and we fundraise when we can to give something back.”



Tanisha (left) and Savannah Acton

Tanisha is nine years old and lives not far from Keith, a village in the Scottish Highlands. This is how epilepsy affects her life:

“I don’t know why epilepsy happened to me. Sometimes I get frightened and I wish the seizures could stop. I get frustrated when they are bad because I can’t do my school work. I try hard to learn new things and I hate when my head feels fuzzy.

Taking tablets is okay but the special diet I tried tasted terrible and the seizures didn’t stop. I don’t like my epilepsy because I can’t run as fast as my friends or do PE the same. When the seizures are bad I can’t walk and use a wheelchair. People treat me differently and think I’m clumsy when I fall over or slur my speech. They just don’t understand.

I’ve my own website (www.justgiving.com/tanisha) and my dad’s friend Phil Kujawa gave £400 to Epilepsy Scotland on it. He ran a special race (151 miles Marathon Des Sables) in the Sahara Desert to help them. And when I’m older, I’m going to be a paediatric nurse because they have been so great to me!

During the summer holidays, Mum asked if I’d help the Bighearted Scotland awards by telling ‘News of the World’ readers about Doose Syndrome. I don’t mind people knowing about me. I can’t wait for my new baby brother or sister to arrive in December; it won’t matter to them if I have epilepsy!”

Chairperson's message

Epilepsy affects people differently. Like 40,000 other Scots, I've lived with this common neurological condition and have first hand experience of how seizures, drug side effects and stigma can affect your personal relationships and working life.

I am proud that Epilepsy Scotland's services reach out to help individuals and families like the Actons. We also make a huge impact on national health, education and social care policies.

This year we led the debate on improving transition services for young people with epilepsy. We campaigned about the growing incidence of epilepsy in later life. We have had the ear of Ministers at party conferences where our members illustrated the basic lack of epilepsy awareness in schools.

We have created new partnerships like the Long Term Conditions Alliance Scotland and our work with the Joint Epilepsy Council on the Best Health Award. We have held open meetings and continued our joint work with managed clinical networks and the Cross Party Group on Epilepsy. We held a joint seminar on memory, epilepsy and dementia with Quarriers and Stirling University Dementia Centre.

This has been my first year as Chair and Susan's first full year as Chief Executive. It has been a year of consolidation. What I'd like to see are 3 things. Firstly, a year with no financial problems for the organisation. Secondly, some moves towards greater co-operation among various epilepsy organisations. Lastly, I want to persuade more of our friends and supporters to become members of Epilepsy Scotland.



A handwritten signature in black ink, which reads "Ian Buchanan". The signature is written in a cursive, flowing style.

Ian Buchanan

Chief Executive's message

This year has been eventful and exciting. It has been a year of change but I hope positive changes for us all. You may recall from last year's review that we received a grant from the Big Lottery Fund to refurbish our offices. This work has gone ahead and we now have fully accessible ground floor offices.

Our grant also allowed us to develop some new posts. This means we now have three people working together in our helpline and information suite. Their job is to produce information on epilepsy in as many different ways possible.

Other changes happened when some of our managers moved on to pastures new. This prompted us to develop a new staff structure to meet our needs as the modern, responsive organisation we pride ourselves in being.

These changes include a full time user involvement officer. We want to make every effort to involve people affected by epilepsy in our work. So, if you are interested, please get in touch through our freephone helpline 0808 800 2200. We also increased the hours of our policy officer to full time to ensure we are always available to respond and take part in the range of policy events across the country.

So overall we now have four enthusiastic teams carrying out the work of Epilepsy Scotland:

- Operations team - this includes our Community Support Service,



Chief Executive's message

training and user involvement services.

- Communications team - this includes web, helpline, information, PR and policy and development.
- Fundraising team – staff and volunteers across Scotland.
- Chief Executive's team - supporting the administration of the organisation, ensuring we meet all our legal requirements as employers and as a charity.

As required of all Scottish charities we strive to keep true to our aims and deliver on the key challenges ahead of us.

This year's annual review will show the different ways in which people affected by epilepsy are making their voices heard. It also shows how we, as an organisation, are working in partnership with real people to make a difference for people affected by epilepsy in Scotland.



Susan Douglas-Scott



Aim 1 “To influence public policy to achieve best practice for people affected by epilepsy”

This is the first of Epilepsy Scotland’s strategic aims. We do this in many ways. Our Policy and Development team work in partnership with key people in the NHS, central government and the voluntary sector. Our Communications team support the work of the Cross Party Group on Epilepsy. Our organisation as a whole challenges and supports service providers to move best practice in epilepsy care forward.

We are encouraged by those individuals who have become, in their own way, “agents for change” and have helped to improve services for people with epilepsy.

Key pieces of work that we have been involved in over the last year to “influence public policy” are:

- **Our work with the Scottish Parliament’s Cross Party Group on Epilepsy.**

Community pharmacist Karen Braithwaite from Aberlour near Elgin was a speaker at a Cross Party Group on Epilepsy in the Scottish Parliament. At that meeting MSPs heard details of the new pharmacy contract.

“2006 has been a year of great change in pharmacy. The government used to pay pharmacists just to give the right product with the right label to the right patient. Most pharmacists did a lot more than this, and now we are being helped and also paid to provide these extra services.

In Scotland we are now able to treat patients who don’t pay for their prescriptions for minor ailments such as coughs and colds free of charge. This is freeing up GP time and making

Our Aims

more appointments available for people with conditions that need a doctors input. It also means that patients can get minor ailment treatment when they need it, without having to make an appointment.

Currently, in my own pharmacy, we are getting plans drawn up to have a private consultation room where we can discuss with people how they're getting on with their medicines. It's been quite a key thing for me really that I used to think that the only person who could help someone with epilepsy was the consultant neurologist. Now I realise that we all have a part to play in improving people's lives and helping them to live with their condition.



Next year we are looking forward to “new, improved” repeat prescription systems. As this will involve all the different computer systems in GP surgeries and pharmacies it is going to be a big job, but the benefits for practice staff, pharmacy staff and, above all, patients mean that it will be worth it!”

- **Our work with the Managed Clinical Networks (MCN's) for epilepsy.**

Epilepsy Scotland is an active member of all three MCNs for Epilepsy in Scotland (North of Scotland, West of Scotland and Tayside, and the national Paediatric MCN). As an organisation independent of the NHS we aim to provide a consistent national voice for people affected by epilepsy.

Sheena Bevan, who sits on the North of Scotland MCN was recently awarded the individual category in the Joint Epilepsy Council UK and Ireland Best Epilepsy Standards Today (BEST)

awards. Sheena is the first epilepsy nurse specialist supporting adults in Grampian, Orkney and Shetland and she was nominated for the award by the MCN Manager and a number of patients.

Speaking about the award she said:

“I was shocked to have won but really pleased for the north-east of Scotland. It was an honour to be the BEST award individual winner but epilepsy care is a team effort.

It's good the MCN's achievements in epilepsy services have been recognised like this and also good the local MCN was runner up in the team award.



Sheena Bevan collecting her award from Baroness Gould

Our project provides support and information for adults with epilepsy, many of whom live in rural areas. We have also established clinics for women of child bearing age, new information systems for patients and health professionals have been introduced and we've held epilepsy awareness training with employers and care organisations.

As a result of the improved service, benefits to people who have epilepsy and their carers have been identified e.g. shorter waiting times to attend clinics, more time in clinic consultations and improved written and verbal information given to patients to help them make informed choices regarding their epilepsy and their lifestyle.

Our Aims

- **Our work with the Long Term Conditions Alliance Scotland.**

LTCAS was formally launched in May 2006. Epilepsy Scotland is a founder member of this group, bringing together voluntary and community organisations across Scotland. The aim is to help improve services for people affected by long term conditions.

Susan Douglas-Scott our Chief Executive, who sits on the board of directors of the Alliance, explains:

“There are an estimated 2 million people living with long-term conditions in Scotland; 40,000 of these people will have epilepsy. LTCAS’ hope for people living with long term conditions is for us all to have control over our health and be able to live fulfilling lives. Epilepsy Scotland fully supports the work of the LTCAS and believes that by working in partnership we can help influence change in public policy and raise awareness across the health, social care and social policy sectors.”

- **Our training team offer training courses on epilepsy awareness and managing epilepsy.**

These courses are offered to a variety of audiences such as primary care providers, public sector organisations, local and central government and other voluntary sector bodies.

We hope that by raising awareness of epilepsy with these audiences that more people will understand the condition. We anticipate that this in turn will ensure that epilepsy is given the recognition within key public policy wherever relevant.

Aim 2 “To fight discrimination and stigma experienced by people affected by epilepsy”

As an organisation we are constantly striving to break down the social barriers, stigma and discrimination that people with epilepsy face on an almost daily basis. This is reflected in our second strategic aim and in the work that we do and the partnerships we are involved in.

Key pieces of work that we are involved in to “fight discrimination and stigma” are:

- **We have produced information packs for schools.**

These education packs are a resource for teachers and include information on first aid, what to do if a pupil has a seizure and on stigma and discrimination.

It has been shown time and time again that teachers in Scottish schools have little access to information on epilepsy. Over the last year we have worked with Jane Williams to campaign for better information for teachers.

Jane was 12 when she developed epilepsy and, after experiencing discrimination in the class room, has campaigned tirelessly to improve services for young people with epilepsy.

“If school teachers knew more about epilepsy it would make a big difference. I offered to speak to the teachers as my experience has shown me that not many of them know enough about epilepsy.

I was asked to speak about my experiences at the political party conferences last year. It was pretty scary but I got a good reaction from them. The MSPs that were there couldn't believe

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how little teachers knew about epilepsy. Since then a Councillor from Renfrewshire has been in touch with me about talking to some of the teachers about my experience.

When I'm older I want to be an author. Last year I wrote to an American author after I read a book that she had written about a guy with epilepsy. She used words like 'he was epileptic' and that annoyed me. She wrote back and apologised and said that when she was doing her research she had checked all her terminology with a doctor; that worried me!"



- **We have produced information for people who are concerned about their epilepsy and employment.**

Jenna Grimmer from Aberdeen was featured in last year's Annual Review. Jenna was employed as a trainee hairdresser with DARE hair salon. The owner, John Cooper, was awarded Epilepsy Scotland's "Employer of the Year Award" in 2005 for being such a supportive boss. We spoke to Jenna for an update on how she has been getting on over the last year:

"Unfortunately I had to give up hairdressing completely. My epilepsy got bad through December last year, my air pipe got blocked and I had trouble breathing so I ended up giving up hairdressing in February. I wasn't working for 6 months but then John offered me a job covering reception three days a week. I miss hairdressing but it's good to be back in the salon.

I'm one of the lucky ones, people haven't treated me differently because I've got a good boss and people have been supportive of me."



Employment factsheet

Helpline Tel: 0808 800 2 200

"Having the right qualifications and experience is more important than being seizure free"

epilepsy scotland
Scotland's voice for epilepsy

Employment factsheet

"Having the right qualifications and experience is more important than being seizure free"

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Aim 3 “To ensure appropriate high quality medical, social, educational support and information services are available to people affected by epilepsy”

In this section we catch up with those people who, in last year’s annual review, told us how their lives have been affected by epilepsy. Epilepsy Scotland are committed to working for and with people like those featured below to improve services and the support and information given to people affected by epilepsy.

- In last year’s annual review we heard from Hazel and Jim Scott who told us about their son Blair. Blair was 13 months old when he started having seizures. A couple of months passed and he was diagnosed as having epilepsy. He was put on antiepileptic drugs for a year but they didn’t work. At this time he was having 50 seizures a week. Surgery was an option but Hazel and Jim were told that the specialist epilepsy unit was short of resources and that they would have to wait a long time for the surgery to take place. Undeterred Hazel and Jim contacted Epilepsy Scotland’s Helpline. Hazel explains:

“If it hadn’t been for the Helpline staff, Blair might not have had the surgery done as quickly, if at all. We were also put in touch with other parents in the same situation as us, which was helpful. Blair is 10 now and hasn’t had a seizure since about 6 weeks after the surgery. He had some difficulties talking after the surgery but with some help from a Speech and Language Therapist Blair was soon talking and was back to his usual self.

Since having the surgery done we haven’t looked back. Blair is like



Blair (now 10) and family

any other 10 year old boy. As a thank you we have continued to fundraise for Epilepsy Scotland as we feel it's important to work to improve the information for people with epilepsy. For the first time we took a table at Epilepsy Scotland's Wags fundraising dinner this year and a great evening was had by all.

- Doreen Jobson from Bishopbriggs told us that she wasn't diagnosed with epilepsy until she was around 50 years of age, after some years of misdiagnosis. She explained that initially she was embarrassed to tell people about her epilepsy. This year she provides an update for us:

"For a second year, after being prescribed a new anti convulsant drug, although not completely controlled, the seizures have been considerably fewer than previously.

It wasn't explained to me that it's common to develop epilepsy in mid life and it was a surprise to discover this. Epilepsy is not generally talked about, but it has been useful to read the information from Epilepsy Scotland and learn of others with similar problems.



Photo courtesy of "The Herald and Evening Times" picture archive

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Some people do treat me differently when they discover I have this condition, but I feel most are kind and if anything are perhaps over protective, this can make me feel a little “different”.

Over the years I have learned to live with epilepsy and feel more relaxed when I make it known to people that I have this, at least if I do have a seizure they know what is happening to me.

Recently, after another MRI scan at the Southern General Hospital I have been found to have a tumour, probably benign in the temporal lobe area of my brain. Surgery has been decided against for the time being, but it is being monitored. It is not clear whether this is the cause of the seizures.”

Misdiagnosis is a big issue and it is estimated that epilepsy has a misdiagnosis rate of around 30%. One of the things Epilepsy Scotland campaigns for is an improvement in diagnosis rates. Advancements in medical imaging mean that diagnosis can be done much more accurately. However, not all health boards have access to this state of the art technology.

- Last year we heard from Moira Hardie. Moira uses Epilepsy Scotland’s Community Support Service and has her own support worker. Since last year’s Annual Review Moira has had a few falls and hurt her back. Speaking to people like Moira it is clear just how important our Community Support Service is to its users.



“It’s been a not bad year, although I haven’t been feeling as well as I did last year.

My support worker from Epilepsy Scotland, Emma, comes to see me. I wouldn’t like it if she didn’t come. She helps me with visits to the doctor, with my shopping and to go to other places. She helped me when I wasn’t well. I wouldn’t be able to go to some important places without Emma’s help.”

- Robert McColl was only 35 when he died suddenly and unexpectedly of epilepsy. Since then his sisters Brighe McColl and Dana Brown have campaigned tirelessly to raise awareness of epilepsy and to fight the stigma related to the condition.

“We have held race nights, and helped Anissa from Epilepsy Scotland’s Fundraising team to organise the zip slide across the Clyde. We’re also organising a quiz night to be held in October.

Fundraising’s important and it’s made all the more easier if you’ve got support behind you. If you’re thinking of doing it I’d say ‘go for it!’

There’s still a real need to improve people’s knowledge of epilepsy, people don’t understand that you can actually die from epilepsy. We still need to tell people that my brother died from epilepsy and not from an accident while he was having a seizure. That’s not something that we feel we should be doing; everyone should know more about it.”



Photo courtesy of Douglas Hendry / Greenock Telegraph

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People don't know enough about epilepsy. We, as an organisation, have addressed this in the last year by:

- Delivering training courses.
 - Producing information leaflets.
 - Expanding our information on our website.
 - Working with Managed Clinical Networks to improve information for people affected by epilepsy.
 - Campaigning for better information for people affected by epilepsy.
- Julie Connolly was in last year's Annual Review. Julie was born with cerebral palsy and epilepsy and for a while was a Helpline and Fundraising volunteer with Epilepsy Scotland. Now, after gaining some important work experience as a volunteer and as an OT assistant Julie is studying full time to become a social worker.

"I'm still having seizures but they don't stop me getting on with my life. I'm studying full time for a Masters in social work.

I am still working part time though and my employers have been great. I'm one of the lucky ones and have generally had good experiences. I also do some volunteer work and it's great to feel you're helping other people.

If you're thinking of volunteering go for it, it's good to gain some knowledge and to give knowledge to others as well."



Aim 4 “To sustain an effective, supportive and financially secure organisation”

Epilepsy Scotland strives to be as effective, supportive and financially secure as possible. It is important that we are all these things so that we can provide and campaign for the best possible services for people affected by epilepsy.

We still have a long way to go to break down the barriers and stigma that people with epilepsy face. We are encouraged by those individuals who have battled this discrimination and stigma and have become as “effective” as possible.

- Jane McCormack, aged 24, has collected three national awards for campaigning and fundraising. One of these was the 2005 Bighearted Scot of the Year award. To say Jane is a keen swimmer would be an understatement as last year she swam the English Channel.

Jane has epilepsy but this hasn't stopped her from getting to the top of her game:

“Epilepsy doesn't bother me; it's just something you have. I get on with my life and it's not a massive problem.

Epilepsy doesn't affect me swimming or doing sport.

I find other people don't know much about epilepsy so they have a bit of an image in their head that it's the worst thing that could possibly happen.

I liked the idea of swimming



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the Channel. Because of the tides I ended up swimming 32 miles taking just over 15 hours. For that I ended up winning the Channel Swimming Association award for best swimmer in arduous conditions.

When I tell new people I have epilepsy they are often shocked because I look 'normal'. They expect epilepsy to be more visible. Others are stand-offish and don't know how to treat me, which is silly because I am the same as everybody else. It would make life easier for people with epilepsy if everybody knew more about the condition."

- David Dundas is a Glasgow firefighter. David has epilepsy and has become an inspiration to people with epilepsy concerned over how the condition might affect their employment.

"At 22 I decided to become a firefighter. I have been doing this job for about 14 years now. In 2001 I developed epilepsy and when my GP found out I was a firefighter he said 'You've lost your job. If you don't tell your employer about this, I will'. That kind of attitude from a doctor didn't give me any confidence.

A couple of months later and I took a second seizure. I was referred to the Epilepsy Unit at the Western Infirmary and saw Professor Martin Brodie.

Professor Brodie thought that I could be a fireman as long as I was taking medication that controlled my seizures. The Fire Brigade doctor though recommended that I be retired and it was then that I contacted my union official. He argued to the Fire Brigade doctor that other fire fighters with



conditions like diabetes, angina and depression were allowed to continue working because they were taking medication to control their conditions.

The Fire Brigade doctor changed his mind and I was allowed to keep my job.”

Other firefighters all over Scotland and the rest of the UK now use David’s example while trying to fight discrimination like David experienced.

We campaign at a national level, through the Cross Party Group on Epilepsy, for an end to discrimination in the work place based on epilepsy. In the last year we have also published a leaflet on epilepsy and employment, advising people of their rights and will soon be producing one for employers.



Donors and Supporters

We want to thank individuals, organisations and Trusts who donated funds this year.

Abbey	Garfield Weston Foundation
Graham & Kath Acton	Janice Ridley Gemmell
All Global	Gemmell Bequest Fund
A M Pilkington Charitable Trust	George Watson's College
Agnes H Hunter's Trust	Geraldine Kirkpatrick Trust
Ann Jane Green Trust	HDH Wills 1965 Trust
Apache North Sea Ltd	Helen Street Social Club
Big Lottery Fund	Henry Smith Charity
Binks Trust	Hospital Saturday Fund
David Brewster	Hugh Fraser Foundation
Dana Brown	Incorporated Maltmen of Glasgow
Cecil Rosen Foundation	James Inglis Trust
Leonard & Patsy Connolly	James Weir Foundation
Clyde Marine PLC Trust	James Wood Bequest Fund
Cruden Foundation Limited	Jeffrey Charitable Trust
Cumberland Building Society Trust	Joan Strutt Charitable Trust
Darroch Charitable Trust	JTH Charitable Trust
Dickon Trust	Phil Kujawa
Edinburgh Sovereign Council No. 1	KPMG
Fife Constabulary	R J Larg Family Trust
First Bus	Lloyds TSB Foundation for Scotland
Fitton Trust	M E B Charitable Trust
Ms Alice Di Folco	Maclay, Murray & Spens
Gannochy Trust	MacRobert Trust

Margaret Murdoch Trust	Robertson Charitable Trust
Martin Connell Charitable Trust	Rotary Club of Kirkintilloch
Brighe McColl	The Royal Bank of Scotland
Mr Robert McColl	R S Hayward Charitable Trust
McCorquodale Trust	Russell Trust
John McGraddie Butchers	SBAAT
Shirley McRobbie	Scotbelge Charitable Trust
Miller Foundation	Mr/Mrs James and Hazel Scott
Moorfoot Primary School	Scottish Co-op
Morton Fraser Trust	Scottish & Newcastle
Grant Murphy	Miss D L Seaton
Mr John Hector Murray	Mr & Mrs James Shanks
Niddrie Square Clinic	Sharegift
Northwood Charitable Trust	Sir Jules Thorne Trust
Paisley Grammar School	Sir Maxwell Harper Gow Trust
Mr Tom Penny	St Katharine's Fund
Peter Coats Trust	Strathclyde Benevolent Police Fund
PF Charitable Trust	Talteg Ltd
Mrs Eileen Rae	Tay Charitable Trust
Ratray Motor Spares	Derek Travers
Red Triangle Snooker Club	Mrs Annabel Ure
Nicola Reid	W M Mann Foundation
Derek Reynolds	

We would also like to thank those volunteers who give up their time to help out our fundraising, helpline and administration teams. A special thank you goes to [David Goldie](#), [Keith Fraser](#), [Fiona Ferguson](#) and [Jessie Livingstone](#).

Treasurer's Report

The year from 1 April 2005 to 31 March 2006 ended with a surplus of £21,197. As with many charities, our income from donations and legacies fluctuate. Our Scotland-wide constitution sometimes limits appeals to UK funding bodies. Risk management was carried out in accordance with recommended practice. More and regular donors will help generate continued income for core activities.

Statement by the Treasurer

The summarised accounts on page 17 are a summary of information extracted from the annual accounts which were approved on 28 July 2006 and signed by the auditors, with an unqualified opinion, on 17 August 2006. They may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. For further information the full annual accounts, the auditors' report on those accounts and the Directors' Annual Report may be consulted; copies of these can be obtained for a small fee by applying in writing to Epilepsy Scotland.

The audit opinion on the full accounts reads as follows:

'In our opinion: the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice of the state of the company's affairs as at 31 March 2006 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended; the financial statements have been properly prepared in accordance with the Companies Act 1985; and the information provided in the Report of the Directors is consistent with the financial statements.'



Nellie Buchanan, Treasurer, Director

Statement by the Independent Auditors

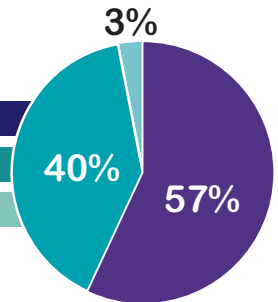
'In our opinion the summarised accounts on page 17 are consistent with the full annual accounts of the charity for the year ended 31 March 2006.'

Hardie Caldwell, Chartered Accountants and Registered Auditors

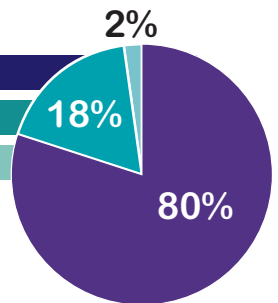
Financial Accounts

Statement of Financial Activities for the year ended 31 March 2006

Income	2006	2005
	£	£
Donations, legacies, events	606,000	407,595
Grants, training, literature	429,449	480,083
Membership and other income	31,865	36,395
Total	1,067,314	924,073



Expenditure	2006	2005
Activities to further our work	831,321	824,386
Costs against generating income	195,608	189,049
Governance costs	23,761	22,826
Gain on investments	(4,573)	(2,044)
Total	1,046,117	1,034,217



Surplus / (Deficit) on General Funds	21,197	(110,144)
Capital Funds introduced	101,922	-
Unrealised Gains on Investments	52,842	28,678
Net increase/ (decrease) in funds	175,961	(81,466)

Funds	2006	2005
Restricted funds	12,542	18,702
Unrestricted funds	872,104	789,395
Capital endowment	99,412	-
Total	984,058	808,097

So who speaks for epilepsy? You do!

Board member Tom Russell tells us about some of the stigma and discrimination he has faced, why he became involved in Epilepsy Scotland and why it's important for other people to get involved and to join up.

"I was working as a roofer, I was 32 years old, when the scaffold at the back snapped and I tumbled off the roof into a metal dumper and banged my head. After that, the seizures started and I've had them ever since. I lost my job because of my epilepsy, people were scared of it, no matter where I went to for a job people said no. All my life working on roofs and I could never go back to roofing again. I missed the fresh air up on a roof and travelling to places like Campbelltown and Oban with my work."



"Seven years ago I joined the board of Epilepsy Scotland. For me it was good to gain some knowledge and to see what goes on behind the scenes.

I think it's important that more people join Epilepsy Scotland. It's a good way to be involved and you have the opportunity to learn a lot about how a charity works, plus you meet a lot of very different people.

Epilepsy Scotland do a tremendous job and I'm proud to be on the board. I'd encourage other people to join and to play a part in developing the organisation".

Board of Directors

Jean Barclay

Andy Ormes

Ian Buchanan, Chairperson

Chris Ritchie, Vice Chairperson

Nellie Buchanan, Treasurer

Tom Russell, Vice Chairperson

Helen Carmichael

Bill Scott

Duncan Davidson

Sandra Watt

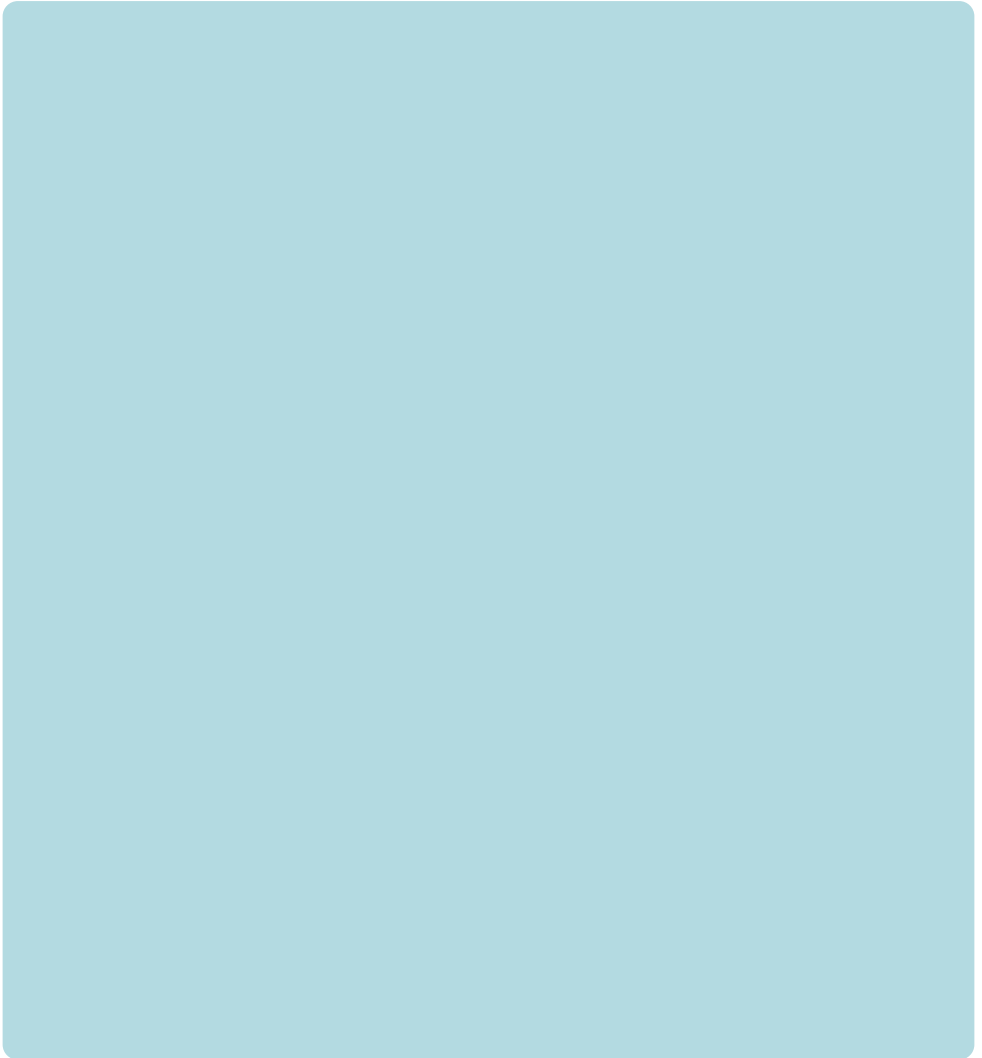
Alison Guest

Arthur Wood

Brian Henson



Notes



Donation Form

giftaid it

Contact Details - please complete your contact details below.

To save on costs, please tick if you do not want your donation acknowledged.

Title: (Mr/Mrs/Miss/Ms/Other)

Full name:

Organisation: (if applicable)

Address:

Tel:

Postcode:

Email:

Payment - please tick as appropriate

I enclose a cheque or postal order payable to **Epilepsy Scotland**
for £ (for security reasons, do not send cash).

I wish to donate regularly each month by standing order.
Please forward a standing order form.

Please charge my     (Please circle)

Amount £

My Card Number is:

Valid from Expiry date

Issue No. (if applicable) 3 digit Security Code

Please turn over to complete your Gift Aid declaration.

Gift Aid

Under the Government's Gift Aid Scheme, if you are a UK taxpayer Epilepsy Scotland can claim the tax you have already paid on your donation, without any extra cost to you. This means for every £1 you give we can claim an additional 28p from HM Revenue and Customs.

I want Epilepsy Scotland to reclaim the tax on my previous and future donations from HM Revenue and Customs. I understand that I must pay income tax or capital gains tax equal to the tax reclaimed by the charity on the donation I have made each year (please tick).

Signature:

Date:

Your support gives us a powerful voice. We are grateful for any amount that you are able to give. **Thank you.**

Please return this form to:

Epilepsy Scotland, FREEPOST SCO 2178, Glasgow G51 1BR

Protecting your data

Epilepsy Scotland is registered under the Data Protection Act 1998. Your name and personal details will be stored on our database and will NOT be passed on to any other organisation.

If you prefer not to receive correspondence from Epilepsy Scotland apart from regular membership mailing, please tick this box

Scottish Charity No. SC 000067

Membership Application Form

Contact Details. Please fill in your contact details using block capitals. You must be aged 16 and over. Membership lasts for 12 months from the date of your payment.

Title: (Mr/Mrs/Miss/Ms/Other)

Full name:

Organisation: (if applicable)

Address:

Postcode:

Tel:

Email:

Membership Rates

- Aged 16 - 18, or unwaged **£5** Individual **£10**
 Professional **£25** Corporate **£50**

Payment - please tick as appropriate

- I enclose a cheque or postal order payable to **Epilepsy Scotland**
for £ () (for security reasons, do not send cash).

- Please charge my     (Please circle)
Amount £ ()

My Card Number is:

() () () () () () () () () () () () () () () ()

Valid from () () () () Expiry date () () () ()

Issue No. (if applicable) () () 3 digit Security Code () () ()

Please turn over to complete if you would prefer to pay by standing order.

Standing Order - please help reduce our administrative costs by paying by standing order. We will need the name and full address of your bank so we can process your payment:

Your Bank Details:

Account Number:

Sort Code:

Bank name:

Address:

Postcode:

I want to make an annual subscription to Epilepsy Scotland

Name (print):

Please pay to the **Bank of Scotland, 110 Queen Street, Glasgow**
Account No. **00265470**, Sort Code **80-11-80**

the sum of £ on receipt of this order

and a like sum annually on the day of
(month) until further notice from me.

Your signature:

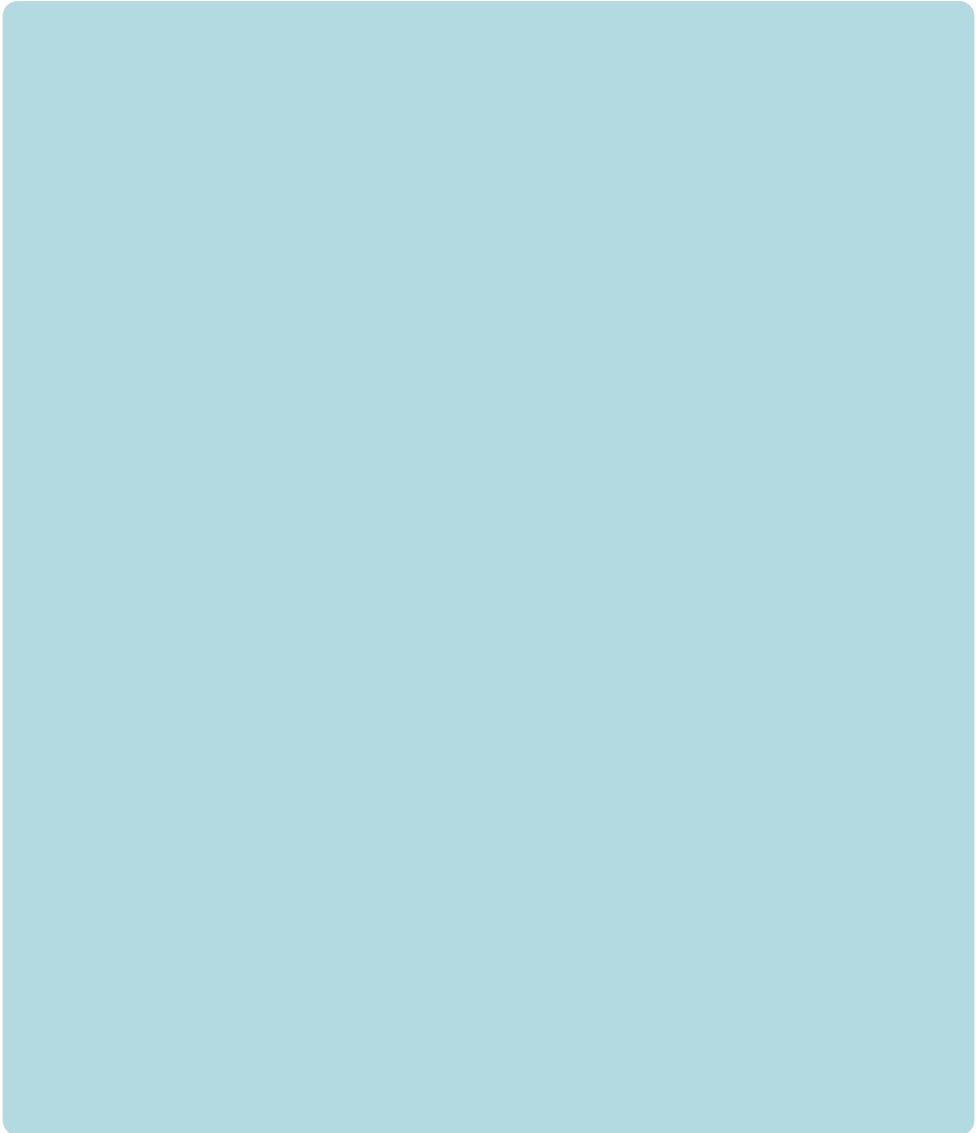
Date:

For bank use only. Please quote the following membership reference number when making payment

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Notes



epilepsy scotland

Scotland's voice for epilepsy

Epilepsy Scotland

48 Govan Road, Glasgow G51 1JL

Telephone **0141 427 4911** Fax **0141 419 1709**

Freephone Helpline **0808 800 2 200**

Email **enquiries@epilepsyscotland.org.uk**

Web **www.epilepsyscotland.org.uk**

Community Support Service **0141 847 0869**

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A member of the Joint Epilepsy Council



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