

A - Abseil, Art Exhibition, Auction, Arm wrestling contest, Afternoon tea party, Arts/Crafts fair, Aerobics, Assault course...

B - Beard shave, Balloon race, Bungee jump, Bring & Buy, BBQ, Bad hair day, Barn Dance, Bingo, Burns night, Ball, Badminton contest, Bring kids to work day, Book Sale, Bath of Baked Beans, Beat the Goalie, Blind date night, Back to front day...

C - Coffee morning, Car wash, Concert, Cheese n wine tasting, Car boot sale, Cycle ride, Carol singing, Cooking comp, Come to work in a costume day, Comedy Show, Climb a mountain...

D - Disco, Dog walking, Dress down day, Duck race, Dinner dance, Duvet Day, Dance marathon...

E - Exercise class, Egg & spoon race, Easter Egg Hunt, Exhibition...

F - Fun run, Fancy dress competition, Football tournament, Face painting, Fashion show...

G - Garage sale, Garden party, Golf day, Guess the weight/number, Green day, Sponsored "give it up", Gunge Pool...

H - Head shave, Henna tattoos, Hula Night, Halloween Party, Highland games...

I - It's a knock-out competition, Ice-skating, IOU's for time or a service, International evenings...

J - Jumble sale, Jail break, Juggling competition, Jogging, Jazz night, Joke-a-thon...

K - Karaoke, Keep fit, Kite flying, Keepy Uppies Competition, Kiss-a-thon, Knobbly knee contest...

L - Line dancing, Litter picking, Ladies pamper party, Luncheon, Lawn mowing, Limbo competition...

M - Marathon, Music evening, Murder mystery evening, Magic show, ...

N - Non uniform day, No smoking day, New years party, Nearly new sale...

O - Open day at your garden, Odd job day, Outward bound weekends, One day fast, One legged race, Orienteering competition, Obstacle course, Outgrown clothes sale...

P - Pub quiz, Parachute jump, Pancake race, Pet show, Plant sale, Party, Work in pyjamas day, Pancake day party, Peru trek, Penalty shoot out contest, Photo competition, Pantomime...

Q - Quizzes, Quit smoking...

R - Raffle, Race night, Return to the 50's / 60's / 70's / 80's night...

S - Sponsored personal challenge i.e. Silence, Swim, Sports day, Silent auction, Supermarket trolley dash, Collect spare change, Sponsored slim, Santa's grotto, Swear box, ...

T - Talent contest, Trivial pursuit evening, Theme day, Tennis match, Teddy bears picnic, Treasure hunt, Ten pin bowling, Tombola, Tarot reading, Tug-of-war...

U - Unwanted gift, University challenge, Ugly legs contest...

V - Variety show, Vintage car / bike rally, Valentines day ball, Volleyball tournament...

W - Wine tasting, Word search, Whist drive, Wellie throwing competition, Waxing, White elephant stall, Wheelbarrow races, White water rafting...

X - Xmas party, Xmas gifts, Xmas cards...

Y - Yoga-thon, Yacht race, Yo-yo competition...

Z - Zip slide, Zoo trip

